

WEEKLY ROUTINE

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
08:45 – 09:25 12:00 – 12:40	Arrival, roll & Free play	Arrival, roll & Free play	Arrival, roll & Free play	Arrival, roll & Free play	Arrival, roll & Free play
09:25 – 09:30 12:40 – 12:45	Helping hands, Daily activities, Calendar, Weather	Helping hands, Daily activities, Calendar, Weather	Helping Hands, Daily activities, Calendar, Weather	Helping hands, Daily activities, Calendar, Weather	Helping hands, Daily activities, Calendar, Weather
09:30 – 09:40 12:45 – 12:55	Yoga movement break				
09:40 – 10:10 12:55 – 13:25	Our News	Cutting skills / shapes& colours/ creative freedom	Cool Step into music programme	Literacy/numeracy	Dancing / Dress-up /Birthday celebration
10:10- 10:30 13:25 – 13:45	Outdoor play / Indoor physical activity				
10:30 – 11:00 13:45 – 14:15	Circle Time/ group discussion	Circle Time/group discussion	Arts & Crafts	Arts & Crafts	Art Appreciation or Games & Activities or Science and nature or Emergent Interest
11:00 – 11:10 14:15 – 14:25	Mindfulness quiet break				
11:10 – 11:30 14:25 – 14:45	SNACK TIME				
11:30 – 11:40 14:45 – 14:55	Songs & Rhymes	Story Time	Songs & Rhymes	Story Time	Story Time
11:40 – 11:45 14:55 – 15:00	Prepare for home	Prepare for home	Prepare for home	Prepare for home	Prepare for home

- This timetable is to be used as a general guideline for planning purposes.
- Any of the time slots can be substituted for outdoor activities depending on the weather and or children's emerging interests.
- Times within each time slot may also vary depending on the needs of the children.
- Children are given the opportunity to choose the sequence of daily activities.